

## Bioequivalence of two-amlodipine formulation using high-performance liquid chromatography (HPLC)

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### Abstract

Amlodipine is chemically described as (R.S) 3-ethyl-5-methyl-2-(2 aminoethoxy methyl) – 4 – (2- chlorophenyl) – 1, 4- dihydro – 6 – methyl – 3,5 pyridine dicarboxylate benzene sulfonate , its empirical formula  $C_{20}H_{25} Cl N_2 O_5 C_6 H_6 O_3 S$ . It is one of the most widely used drugs for the management of essential hypertension. In this study an accurate and sensitive reversed phase liquid chromatographic method was adopted on deactivated ODS column using tetrahydrofuran: phosphate buffer pH 6.0 as mobile phase. The injected volume used was 750  $\mu$ l to elevate the detection limit up to 5 ng/ml. The bioequivalence trial was carried out on 20 healthy volunteers aged 25-55 years with a weight range from 60-90 kgm. The time interval used for collected blood samples from volunteers was from 1- 96 hr.

Subjects were administrated a single 5 mg dose of Samadipin from SDI and reference product Norvasc (pfizer) according to two period, Two – sequence crossover design, with wash out period of one week. After oral administration of 5 mg of both formulations, maximum peak plasma absorption were about 9 hours in both formulations with values of  $59.5 \pm 4.39$  ng/ml for Samadipin and  $65.11 \pm 3.95$  ng/ml for Norvasc (pfizer) respectively. The peak concentration and area under the curve of plasma concentration were analyzed to obtain 92% confidence intervals. The elimination half-life of boh formula were ranged from 30-45 hours with mean value of 37.86 and 39.026 hours for test and reference drugs respectively.

The calibration curve for peak area verses concentration were linear with regression of 0.998, the detection limit was 5 ng/ml. The standing diastolic pressure was reduced by 4.2 mm Hg six hour after 5 mg amlodipine .There was no significant change in pulse rate .Highly significant postive correlation were observed between dose and AUC (0-96 hrs). Due to long half-life and gradual absorpion , amlodipine should be effective in lowering blood pressure giving once daily , and the incident of side effects due to rapid absorotion should be minimized.

In conclusion , both test and reference product show no statistically significant difference), Therefore the two drugs were Bioequivalent.

## الخلاصة

20

| 90-60 |               | 55-25 |           |
|-------|---------------|-------|-----------|
| 5     | 750           | -     |           |
| 96-1  | ( )           | 5     |           |
| 65.11 | / 59.5 ± 4.39 | 9     | ( ) 3.95± |
| 5     | .0.998        |       |           |
| 5     | 6             | 4.2   | /         |

**Introduction**

Amlodipine is calcium channel antagonist of dihydropyridine group. It is effective for treating hypertension, chronic stable angina and vasospastic (1). It is difficult clinically to pinpoint the maximum dosage for antihypertensive activity of the drug without having parallel data on the plasma drug concentrations. (2).

The important concentration of hypertensive to the progression of renal failure is well documented (3) However, amlodipine is a renal protective in early stages of renal failure with hypertension, however, in advance stages of renal failure , amlodipine is superior in its renal protective effect.

The methods of assaying amlodipine are either gas chromatography with electron capture detector (ECD) or Liquid chromatography coupled with tandem mass spectrometry (4,5).

In this study we developed a sensitive, accurate and reliable method for analyzing of amlodipine in plasma using

reversed phase mode chromatograph.

**Materials and Methods**

Twenty adult healthy volunteers with mean age  $30 \pm 16$  years , cross over between two groups of this study by using 10 volunteers for each drug (10 volunteers for SDI as test drug and the other 10 volunteers for pfizer as reference drug , both drug 5 mg tablets, was administered orally., Blood samples were collected in polyethylene test tubes at 0, 1, 2, 3, 4, 6 , 9 , 12 , 24 , 48 , 72, and 96 hours intervals of oral administration. The samples were centrifuged and the plasma layer was kept frozen until analysis. 600  $\mu$ l of plasma was diluted with 200  $\mu$ l of acetonitrile later 750  $\mu$ l l were subjected to HPLC analysis. One week later, the same procedures were repeated on the same Volunteers and under the same conditions.

### Chromatographic Procedure

A Shimadzu LC-6A mode, Japan, high performance liquid chromatography equipped with two LC-6A pumps were used with a Shimadzu Sil-6A controller unit, a Shimadzu UV/Visible detector set at 254 nm, the assay method has been developed for the quantitative determination of amlodipine in human plasma.

The drug plasma concentrations were determined by deactivated reversed-phase (250 X 4.6 mm I.d) C18-DB column, 5  $\mu$ m particle size, 7125 Rheodyne injector was used, using THF:buffer phosphate as mobile phase. Amlodipine was eluted at 3.3 minutes without interference from endogenous substances as shown in chromatograms (Figures 1 and 2). The data processor of the system is capable of calculation, peak area, height, concentration and drawing chromatogram simultaneously.

The method is a simple, rapid and sensitive to detect amlodipine in human plasma following administration of single dose 5mg of two different formulation of 20 healthy volunteers to assay the oral bioequivalency of those formulations.

### Result and Discussion

The study was carried out in 20 healthy volunteers to assess bioavailability of two different oral formulations of Amlodipine (Samadipin from SDI and norvasc from pizer. A single 5 mg oral dose of drug was given orally. The blood samples were drawn at selected time (0, 1, 2, 3, 4, 6, 9, 12, 24, 48, 72, and 96 hours). Amlodipine retention volume was adjusted by tuning the percentage of organic modifier until 5 minutes were obtained for authentic standard, to avoid the

expected interference of blood serum. The known concentrations of Amlodipine were spiked in normal plasma, with mean recovery of 96.9%

Fig. 1 and 2 show the retention volume of amlodipine standard, blank serum and serum from volunteers treated with single dose (5mg) Amlodipine. A standard curve between area and concentration was linear in the range 0-200 ng/ml (Fig.3) with correlation coefficient  $r = 0.996$ . The developed procedure was used for quantitative determination of Amlodipine in plasma of 20 healthy volunteers for each formulation (SDI and pfizer) over the planned time from 1- 96 hours. This could be related to the absorption rate ( $K_a$ ) of Amlodipine obtained from both formulas.

The concentration of amlodipine in each sample was assayed by comparing the peak area of sample with that of authentic standard. The result observed is that Amlodipine was slowly absorbed after administration of either formulation. However, the concentration time profiles of the two formulations were constructed as shown in Figure 4, 5 and the comparison between the reference and test drug shown in table 6.

The maximum concentrations (C-max) were  $59.5 \pm 4.38$  ng/ml for (SDI) and  $65.11 \pm 3.92$  ng/ml for Norvasc.

The mean values of the pharmacokinetic parameters following oral administration of 5 mg of SDI as test formula and the reference one Norvasc (pfizer) are given in Table 1. The data showed that the time of peak concentration (T-maximum), which corresponds to the time required to reach a maximum concentration of amlodipine after the administration of both formulas were the same,

reached after 9 hours, while the peak concentration, which represents the maximum drug concentration obtained after drug administration of SDI tablet was slightly lower than that obtained for Norvasc tablet.

The results showed that the two formulations from pfizer and SDI have the relative bioavailability and the area under curve is about 99.25%.

In conclusion, it appeared that pharmacokinetic parameters obtained in the present work including  $t_{0.5\text{ elm}}$ ,  $T_{\text{max}}$  and  $C_{\text{max}}$  are not significantly different after the administration of Samadipin 5 mg tablets produced by SDI Pharmaceutical industries and Norvasc 5 mg tablets produced by Pfizer. The pharmacokinetic parameters showed no-clear individual variations.

Therefore the two drugs are considered to be similar bioequivalent.

### Side effect of amlodipine

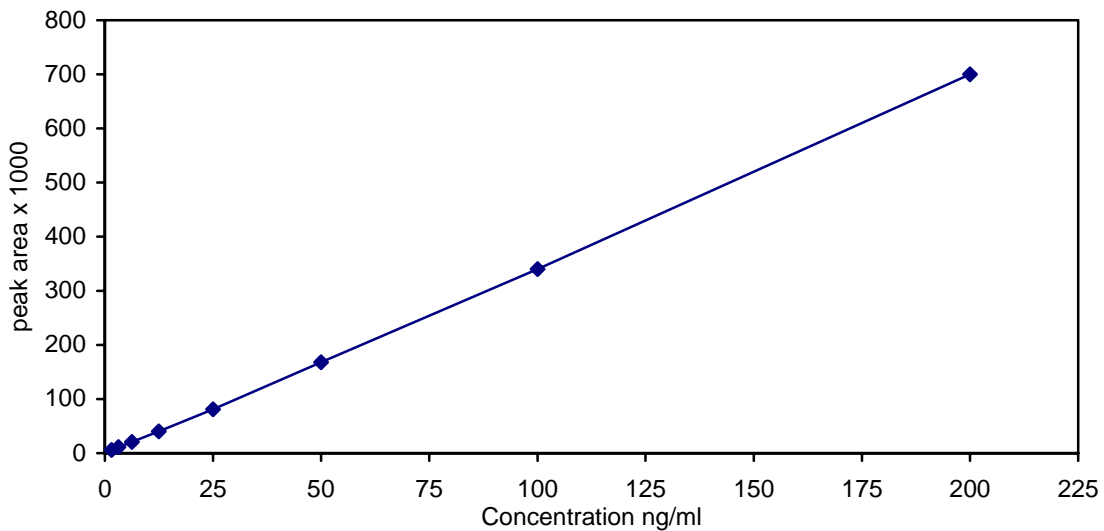
Gingival overgrowth has long been associated with phenytoin therapy but recently, it has also been linked to calcium channel blockers, especially the dihydropyridines and ciclosporin. The pathogenesis is not clearly understood but it has been suggested that these drugs cause a change in the fibroblast function, which leads to an increase in extra cellular matrix of the gingival

connective tissue. Most of the cases where gum hyperplasia were associated with calcium channel blockers involved patients over the age of 50 years who took these drugs for post myocardial infarction, angina pain, essential hypertension, and Reynard's syndrome.

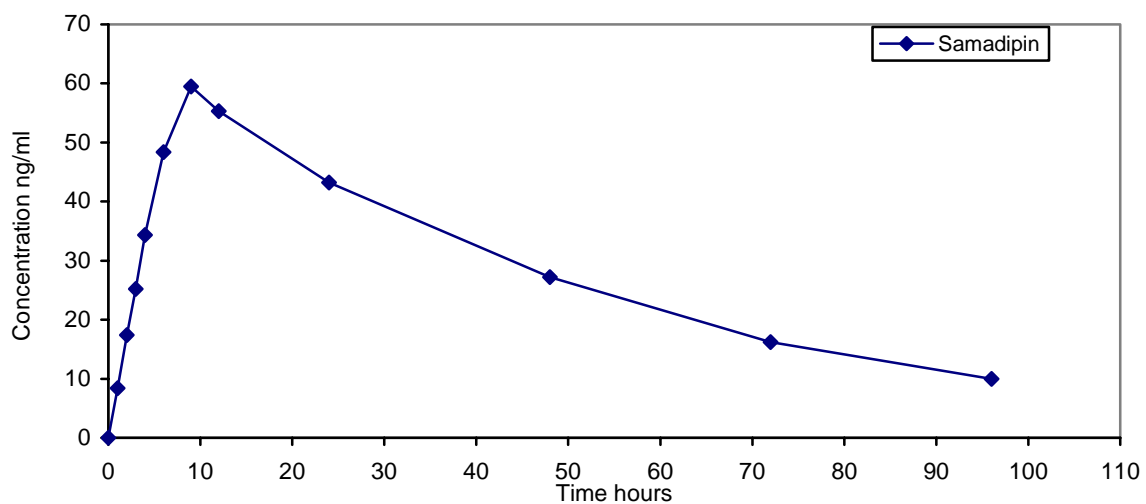
In one clinical report, 3 patients on amlodipine 5 to 10 mg daily developed gingival problems within 2 to 3 months after starting therapy. Gingival hyperplasia has also been identified in 76% of geriatric patients receiving diltiazem. Gingival overgrowth has been observed in patients treated with nifedipine at low dosages (30 mg/ kg). Up to December 1999, The Australian ADR Monitoring Centre has received 114 reports of drug-induced gingival overgrowth. Out of these, the five main drugs, nifedipine, amlodipine, felodipine, phenytoin and ciclosporin, contributed to 68% of the reports. Recovery was slow, ranging from weeks to more than a year after drug cessation (7,8,9). The high incidence of gingival hyperplasia in patients receiving calcium channel blockers emphasizes the role of physicians and dentists in detecting this ADR and taking steps to minimize this problem in patients.

**Table 1: Pharmacokinetic parameters of 5 mg samadipin tablet and Norvasc 5 mg tablet in plasma 20 healthy volunteers.**

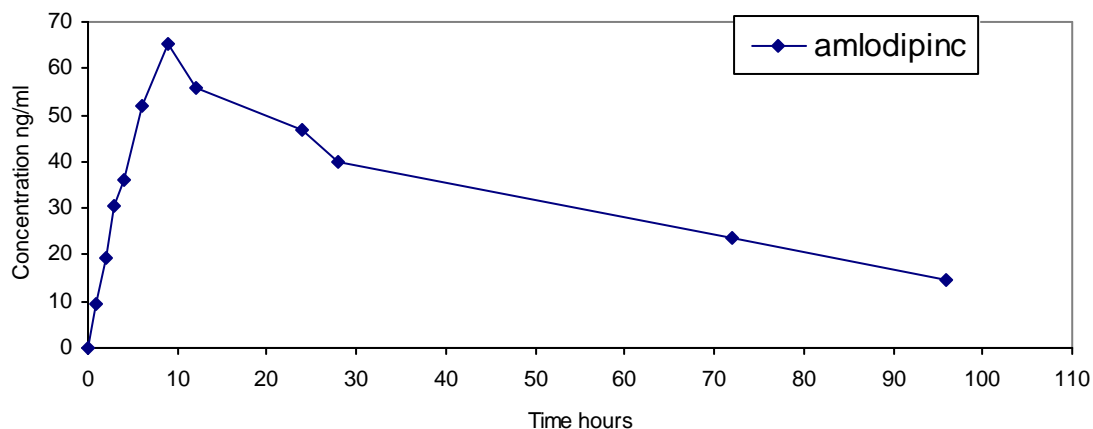
| No.            | Ka     | Ka0.5t | Kelem. | Kelem 0.5t | C <sub>max</sub> | T <sub>max</sub> | AUC      |
|----------------|--------|--------|--------|------------|------------------|------------------|----------|
| Mean samadpine | 0.296  | 2.476  | 0.0189 | 37.864     | 59.5             | 9                | 2863.295 |
| ±SD            | 0.0598 | 0.717  | 0.0034 | 6.619      | 4.387            | 0                | 140.413  |
| Mean Norvasc   | 0.296  | 2.476  | 0.0189 | 37.864     | 59.5             | 9                | 2863.295 |
| ±SD            | 0.0598 | 0.717  | 0.0034 | 6.619      | 4.387            | 0                | 140.413  |



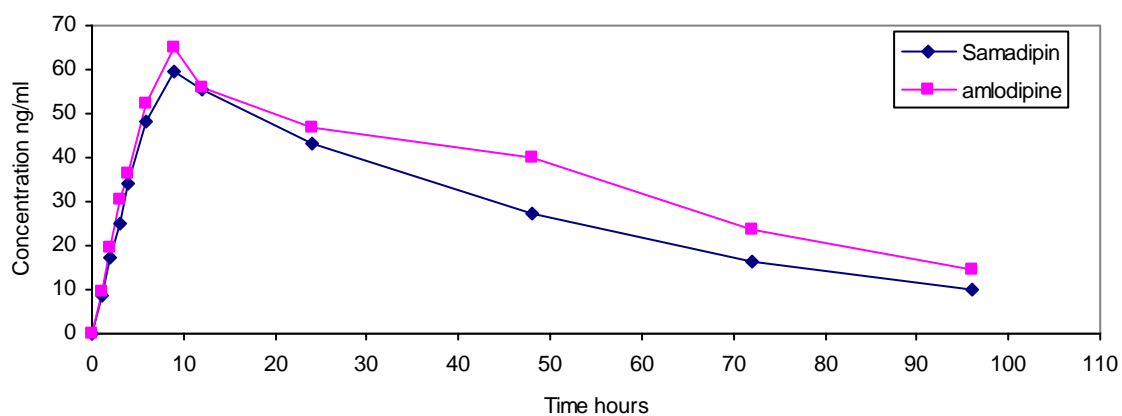
**Fig 1. Calibration curve of amlodipine.**



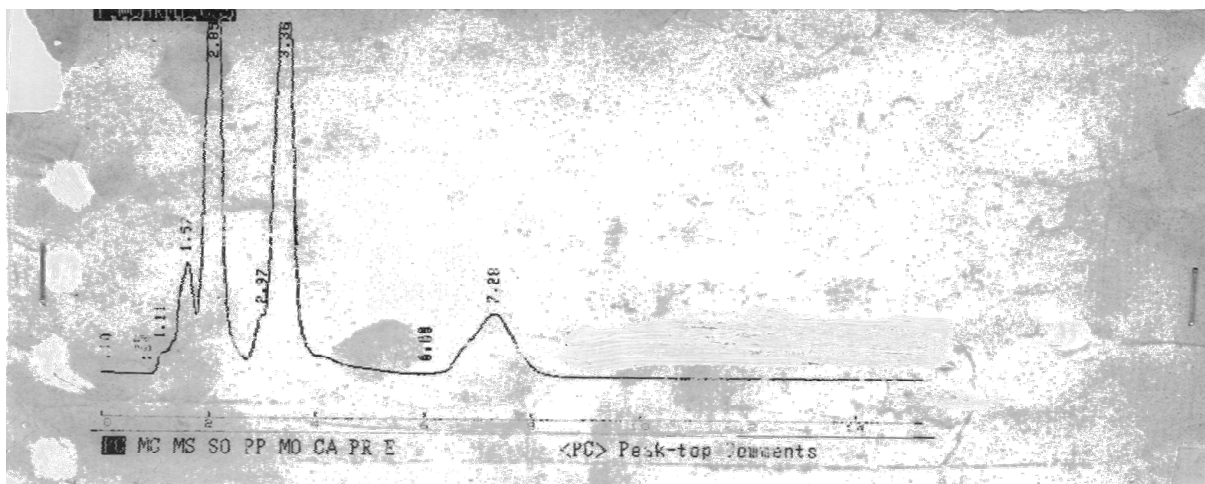
**Fig 2: Mean serum concentration-time profile of Samadipine 5 mg tablet after oral administration to 20 healthy volunteers.**



**Fig 3. Mean serum Concentration-time profile of Amlodipine 5 mg tablet after oral administration to 20 healthy volunteers**



**Fig 4. Comparison between concentration-time profile of samadipin test drug and amlodipine as reference drug.**



**Fig 5 : Separation of amlodipine on deactivated reversed phase C-18 DB (250 X 4.6 mm I.D.) . Mobile phase THF (tetra-hydro furan) : phosphate buffer  $P_{H6}$  , (85 : 15 , V/V ) . Detection , UV at 254 nm .Flow rate 1ml/ min , C= sample volunteers .**

### Mechanism of Action

Amlodipine is a calcium ion influx inhibitor (calcium entry blocker or calcium ion antagonist). Amlodipine is a member of the dihydropyridine class of calcium antagonists.

The therapeutic effect of this group of tissues are dependent upon the movement of extracellular calcium ions into these cells through specific ion channels. Amlodipine inhibits calcium ion influx across cell membranes selectively, with a greater effect on vascular smooth muscle cells than on cardiac muscle cells. Serum calcium concentration is not affected by amlodipine (10). Within the physiologic pH range, amlodipine is an ionized compound and its kinetic interaction with the calcium channel receptor is characterized by the gradual association and dissociation with the receptor binding site. Experimental data suggest that amlodipine binds to both dihydropyridine and nondihydropyridine binding sites.

Hypertension: The mechanism by which amlodipine reduces arterial blood pressure involves direct peripheral arterial vasodilation and reduction in peripheral vascular resistance (11).

drugs is believed to be related to their specific cellular action of selectively inhibiting transmembrane influx of calcium ions into vascular smooth muscle and cardiac muscle. The contractile processes of these

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